Foundation Phase
Grade R

Active learning@Home provides parents and caregivers with easy-to-do CAPS-based activities per Grade to support their children's learning at home.

Memory and measures

Learning together is FUN

Do the following activities with your child. They are linked to the work that he or she is already doing in class. In this way you help him or her to stay up to date with his or her learning.

Memory

Revise every day the taught sounds:

- l, t, (lid, leg, log);
- h, (house, hat, hammer);
- b, (boat, ball, baby);
- k, (key, king, kick);
- r, (rake, rain, run);
- n, (nuts, net, news).

Play a memory game with sounds. Make two cards of each sound-word (leg, hat, key, rake, ball, nut). You can make these cards by drawing the sound-words on cardboard and cutting them into squares. Stick a piece of paper on one side of each card in order to hide the picture (to make a flap). When you lift the flap, your child will see the sound-word. Every time it is his or her turn, he or she must lift two different flaps. If the two cards are not the same, your child must close the flaps and give you a turn. The idea is that he or she must remember on which cardboard square each sound-word is hidden. Take turns with your child. As you play the game, he or she will start to remember where the matching cards are. When someone lifts a flap and believes to remember which card matches that sound-word, he or she should pick that as the second card. If the cards are the same, put them to the side. The one who has collected the most matching cards (pairs) wins. The whole family can play along.

Let’s measure it

Your child continues to count numbers using his fingers. Ask him or her to say one of the number rhymes he or she learned in class.

Ask your child to find five different things in the house that look different and are different in size, for example a cup, a glass, a shoe, an empty bucket and an empty bottle. After it has collected all of these ask him or her to put the shortest one first, followed by the rest from shortest to tallest (organizing from short to tall). This is an important step to understand the measurement of length.

Next, ask your child to arrange the same objects from biggest to smallest (organizing in size). This helps to understand volume or size. The bigger an object is, the more space it takes up (volume).

Online Resources

FREE online applications (Apps) recognised by the Department of Basic Education (linked to the curriculum) are available.

2Enable register here: https://www.2enable.org/
Also visit the DBE’s Cloud at: https://dbecloud.org.za.

These provide support materials in all languages for several Grades.

Book of the day

The New Road is a story about Chapansai who is worried about inswa when the new road is built. But the inswa have a plan. Read further to see what happens.

Download this book (it’s free) here:
https://bookdash.datatrefree.co/books/the-new-road/

Play today

Catch the ball: Throw a soft ball (you can also make one from paper) to your child and let it catch the ball with both hands.

You can start by throwing the ball low and then high, overarm and underarm or in different directions.

Remember, you can include a child living with a disability in these games.

Simple movements are fun and they help to build large and small muscles in the body. Children enjoy running around.

This is a fun activity for the whole family. Time to play!

Healthy Habits

Greet with the elbow greet—do not shake hands.

Remember to keep it PLAYFUL and FUN. That is how children learn.

The LEGO Foundation

Today’s colour is BROWN. Allow the child to look for brown objects around the house and name them. You may help if the child doesn’t know.

Content based on the CAPS for this grade.