

Active learning@Home provides parents and caregivers with easy-to-do CAPS-based activities per Grade to support their children's learning at home

# r is for rock

## Parent Corner

Today we continue as part of the **Active learning@Home** series to do some easy-to-do activities for **Grade 1**. It is important that you make the learning experience fun and playful

Using the theme of 'My Family', we will be focusing on the **'r' - sound** in language and the writing of sentences. In Mathematics, we are looking at the **number 7** and the families of 7.

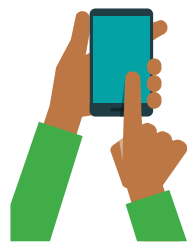
## Book of the day

**The Day Mum Became A Monster!**  
Is a book that helps parents and children to maintain cleanliness, especially during lockdown.



Read this book (it's free) on your smart phone:  
<https://www.storyberries.com/bedtime-stories-the-day-mum-became-a-monster-free-books-online/>

## Online Resources



FREE online applications (Apps) recognised by the Department of Basic Education (linked to the curriculum) are available.

These provide support materials in all languages for several Grades.

2Enable register here:  
<https://www.2enable.org/>

Also visit the DBE's Cloud at:  
<https://dbecloud.org.za>

## Learning together is FUN

Do the following activities with your child. It is linked to the work that he or she is already doing in class. In this way you help him or her to stay up to date with his or her learning.

### The 'r' - sound

Find different household items that start with the **'r' - sound**, for example rice, a rake, a rock, a rug (small mat), a ring and a radio. Place these in front of your child. Play with your child the game *"I spy with my little eye"* whereby each of you take turns to describe an item, for example "This item is round, it is gold, you wear it on your finger..." (Answer: "a ring").



This is a fun way to support children to **increase the range of words** (vocabulary) they use to describe things (descriptive). It also helps the children to understand what words mean (comprehension).

When either of you say the word that starts with a 'r'-sound, ask your child: "What sound do you hear first?" and the child should identify the 'r'-sound.

Next, explain how to write the 'r'- sound: 'down', 'go back up', 'stop halfway' and 'make a curved line to the right'. The children then repeat and form the 'r'-sound in the air. Ask your child to draw a picture where the word starts with the 'r'-sound' and write a few words that start with the 'r'- sound.

### The number is 7

Start with a number rhyme such as *Ten in a bed*. (Find it here: <https://www.nurseryrhymes.org/ten-in-a-bed.html>).

Count your and her fingers **up to 20** with your child. Ask your child to jump on the spot up to six times and stop. The second time, ask your child to add 1 more and jump **7 times**. This adds a bit more fun to counting. Explain (description) how to write the number 7 - 'straight to the right' and 'down'.

Let your child practice the number 7 with her finger in the air while repeating the description. She can draw 7 small pictures and write the number symbol 7 and the name of the number (seven) under the objects.

Collect 7 items (small stones for example) and pack out 3. Ask her **how many more** stones are needed to make 7 (answer is 4). Do this in different ways to show how different numbers add up to 7.



## Play today

**The Wheels of the bus:** Play the game *Wheels of the bus*. Stand in a circle, hold hands, move clockwise first and sing the song and then repeat going anti-clock wise. This can be repeated several times and can be played outside in the garden, or inside. This emphasizes the 'r'- sound again in fun way.

Words to the song:  
 The wheels on the bus go round and round,  
 Round and round,  
 Round and round.  
 The wheels on the bus go round and round,  
 All through the town.



## Healthy Habits

Be active - **PLAY**  
every day



Remember to keep it **PLAYFUL** and **FUN**. That is how children learn.